

17:00 h "Balls des Cosil". Place: Plaça Constitució
20:00 h GRAN GALA SINEDOLORE with local artists and the "Escolania" of Ciutadella under the direction of Marlen Coll. During the same will be awarded the prizes Father Vicente Macián and Dr. Luis Aliaga to research in the treatment of pain. And the Sine Dolore Excellence Awards
 Free entrance. Place: Teatre Principal

Ciutadella

11:30 h Parade with MONKEY DOO. Place: Plaça Artruitx (Ses Persianes, Reno, Sa Placeta), Plaça Mercat (Café Viena, Sa Bona Birra, Ulysses, Can Rafa, Es Mercat de Ca Na Riera)
13:00 h VERMUTH & SWING with BUMPY ROOF BAND. Location: Pins 46 (pl Pins, 46)
16:00 h Race Interculbs class cruiser. Location: Port of Ciutadella
18:30 h Plaça Born, Preview Jack & Jill
19:30 h Parade with Mc MURPHY and THE BUSTERS.
 Location: Moriarty, La Reina, Bar Imperi
19:30 h Folk dances in the center of town
20:45 h Concert Choral Haronía. Place: Church of Mary Help of Christians

Es Mercadal

"Gastro-cita" of the Mahonesa in Es Mercadal. Location: Recinto Firal
12:30 h Parade with OLD DIXIELAND BAND
20:00 h Youth Festival. Place: Plaça Pere Camps

Alaior

Itinerary for floral mounts throughout the day
 Route of Tapas and tasting GIN GLOP
18:00 h Musical Performance. Location: Pati de sa Lluna
19:00 h Passing through the center of the village with the Youth Band of Alaior

Es Castell

From 12:00 h Toca Es Castell
 Location: Plaça Esplanada
 Organized by: Ajuntament des Castell

Ferrieres

9:00 h Artisan and agri-food market. Location: Plaça Espanya
10:30 h Taller Menorca Flower. Location: Plaça Espanya
11:00 h Parade with OLD DIXIELAND BAND. Location: Plaça Espanya
18:00 h Cooking Film: Once (Tea time). Location: Ses Sucreres
 Organized by: Menorca Film Festival
19:00 h Line dance with Pere Perea. Location: Santa Agueda Sports Pavilion
20:30 h Talk open to all. The Crisis of Refugees in the Mediterranean by the Vice-President of the Fons Menorquí de Cooperació Miquel A. Maria.
 Place: Plaça Espanya. Organized by: Unitat de Truc de l'AE Sant Bartomeu

Sant Lluís

20:00 h Albert Camus, the first man.
 Workshop of the students of 2nd year of the School of Dramatic Art of Menorca
 Place: Sala Albert Camus

Es Migjorn Gran

20:00 h Parade with MONKEY DOO. Organized by: Jazz Obert



Sunday 7th May 2017

Mahón

10:00 to 13:30 h Free admission to the Hernández Mora collection. In Ca n'Oliver
12:00 h Rhythmic gymnastics exhibition on Ses Moreres street with the Olympic Beth Salom
19:00 h Family Concert "Music and Emotions". Location: Orfeón Mahonés.
 Organized by: Marlen Coll

Ciutadella

From 11:00 h Brunch & Swing with Mc MURPHY and THE BUSTERS

Sant Lluís

12:00 h Parade through the center with OLD DIXIELAND BAND

Alaior

Itinerary for floral mounts throughout the day
 Route of Tapas and tasting GIN GLOP
18:00 h Classic film series with the screening "The Fall of the Roman Empire"
 Place: Library room Citizens. Organized by: Ayuntamiento de Alaior.
19:30 h Concert of violin and piano by Josep Mascaró and Suso González
 Location: Espai Rotger. Organized by: JJMM

Ferrieres

9:30 h End of the tournament 30 Open Jaume Mascaró. Location: Club Tennis Ferreries
12:30 h Tast a Ferreries. Consumption and "pinchos" at 1 and 2 euros
 Location: Exterior Terrace Auditorium. Organized by: Ferre Gastronòmic

Other activities

Menorca by Kayak

Menorca in Kayak offers the possibility of activities with kayaks to know the island of Menorca in the best possible way, from the sea.
 They are on the beach des Grau. Special prices from 4 to 7 May
 More information: info@menorcaenkayak.com

Cavalls son Àngel

From Cavalls are Àngel offer a 25% discount on their excursions on horseback during the days of Sinedolore World Park.
 Reservations and information at 649488098

Menorca Cultural / Menorca Talaiòtica

Visit different monuments of the talaiòtica culture of Menorca

- Torre den Galmés. Carretera de Son Bou, Alaior. Hours from 9 to 16:00 h
- Naveta des Tudons. Carretera Maó - Ciutadella Km 40. Opening hours from 9 to 16:30 h
- Tower of Fornells. Punta de sa tower, Fornells. Hours 9:30 to 16:00 h
- Fort Malborough. Cala San Esteve s/n. Hours 9:30 to 16:00 h
- Trepuçó. Camí de Gràcia. Open without hours

Sanctuary of Monte Toro

During the 4th, 5th, 6th and 7th days, all the visitors will receive a gift of the Virgin of Monte Toro blessed by the Bishop of Menorca Mns. Francisco Conesa. A prayer for the sick and those in pain.



SOCIAL ACTIVITIES AGAINST PAIN AND THE QUALITY OF LIFE

Thursday 4th May 2017

Mahón

10:00 to 13:30 h Free entrance to the Hernández Mora Collection. In Ca n'Oliver. Organized by: Ajuntament de Maó
17:00 h Tea time in the bars of the center of Mahón.
 Organized by: Ajuntament de Maó
18:00 - 20:00 h Free admission to the Hernández Mora Collection
 In Ca n'Oliver. Organized by: Ajuntament de Maó
19:00 h Conference by Sebastia Garriga. "Tools to improve the quality of life"
 Location: Mahon Library. Organized by: Sebastia Garriga
19:30 h Presentation: "Mahón on the British dominion" by Mr. Miquel Casanoves.
 Place: Plenary Hall of the City Hall of Maó.
 Organized by: Ajuntament de Maó

Ciutadella

19:30 h Swing Tast. Place: Plaça Vella de Ciutadella. Organized by: Jazz Obert

Sant Lluís - Punta Prima

20:30 h Opening ceremony of the Sine Dolore World Park with Joana Pons and her guitars. Tasting of cheese with Denomination of Origin and Gin Xoriguer.
 Location: Hotel Barceló Pueblo. Organized by: Sine Dolore Association

Ferrieres

19:00 h Talk UOM, "Conservation of cultural heritage. The need to safeguard ethnological and cultural heritage". In charge of Mr. Martí Carbonell. Place: Sociocultural center. Organized by: UOM
19:30 h Talk open to all. "Between tots faces can crush the planet"
 Place: Plaça Espanya. Organized by: Unitat de Truc de l'AE Sant Bartomeu

Friday 5th May 2017

Mahón

12:00 h Meeting Impact of pain in Balearic society
 Place: Consell Island of Menorca. Organized by: Sine Dolore
10:00 to 13:30 h Free entrance to the Hernández Mora Collection
 In Ca n'Oliver. Organized by: Ajuntament de Maó
17:00 h Tea time in the bars of the center of Mahón
 Organized by: Ajuntament de Maó
17:00 h Guided tour of British Mahón
From 17:00 to 18:00 h Visit to the Town Hall clock
18:00 h Guided tour of British Mahon (Visit in Spanish)
19:00 h Parade with MONKEY DOO. Organized by: Jazz Obert
20:00 h ROUND TABLE: "SINE DOLORE WORLD PARK, against pain and quality of life"
 Moderator: Dr. Briseida Gil. Coordinator of the Surgical Area of General Mateu Orfila Hospital.
 - How to avoid opioid addiction in patients with pain? Prof. Dr. Luis M. Torres. Professor of Anesthesia at the University of Cadiz, Head of Service of Anesthesia-Resuscitation and Pain Treatment. Director of the UGC Anesthesia-Resuscitation. President of the Andalusian pain association. Director of the Journal of the Spanish Society of Pain. Deputy Director of the Chair of Pain Grunenthal Foundation-University of Cadiz
 - "Is the pain real or is everything in your head?" Dr. Pedro Montoya. Professor of Psychobiology, Department of Psychology, University of the Balearic Islands, Palma.



World Park Against Pain
 and for the Quality of Life
www.sinedolore.org



- "Facing the Pain" Dr. Ignacio Velazquez Rivera responsible for the Pain Unit of Guadix High Resolution Hospital. Pomegranate. Vice-president of the Andalusian Society of Pain.

- "How the pain is transmitted" Prof. Dr. Marian Lorente. Doctor in Medicine and Surgery. Professor of Anatomy. Director of the Integrative Health and Pain Management Unit. Faculty of Medicine and Health Sciences. International University of Catalonia, UIC Barcelona. President of the Acupuncture Section of the Barcelona Medical Association. Professor of the Master of Acupuncture University of Barcelona. Place: Plenary Hall of the City Hall of Maó. Organized by: Sine Dolore Association

22:00 h Claustr del Carme with MONKEY DOO. Organized by: Jazz Obert

Ciutadella

18:00 Spring reading: stories on the street. Place: Plaça de l'Empordà

19:00 h Workshop on social networks and communication by Forum ETS MENORCA and Ajuntament. Place: Casa de Cultura

19:30 h Pasacalles with OLD DIXIELAND BAND

(El Arco, Es Pou, Questat, Cas Quinto, Home of the Chicken, Can Catapan, Ses Voltes). Organized by: Jazz Obert

20:00 h ROUND TABLE: "SINE DOLORE WORLD PARK, against pain and for the quality of life". Moderator: Dr. Carmen Martínez Caballero. Director of Scientific Projects of EMNIPRE (European Multidisciplinary Network in Pain Research and Education). Network Assistance Juaneda.

"A Hope in the History of Pain" Professor Dr. Rafael Gálvez. University of Granada.

Head of the Pain Unit. Virgen de las Nieves Hospital. Pomegranate.

"Pain after surgery". Dr. Paco Collado. Pain Clinic and Acute Pain Unit, Hospital Universitario Puerta del Mar. Cádiz.

"Pain in Fibromyalgia" Prof. Dr. Alfonso Vidal Marcos. EMNIPRE (European Multidisciplinary Network in Pain Research and Education, Director U Dolor Quirón Salud Alcorcón, Professor of Anesthesiology, Universidad Complutense de Madrid. How do drugs work? Dr. Carlos Goicoechea García. Professor of Pharmacology. Director. Department of Basic Sciences of Health. Faculty of Health Sciences. Rey Juan Carlos University. Madrid.

Place: Gothic Hall of the City Hall of Ciutadella. Organized by: Sine Dolore Association

Alaior

13:00 h Inauguration Certamen of the assemblies of flowers.

19:30 h Masterclass of Zumba Fitness by Noemi Corrales. Location: Plaça des Ramal

20:00 h ROUND TABLE: "SINE DOLORE WORLD PARK, against pain and for the quality of life". Moderator: Prof. Javier García Veiga. President of the Balearic Pharmacists Association in Menorca.

"The pharmacist: community educator and member of the multidisciplinary team in the treatment of pain" President: Prof. Javier García Veiga. Community pharmacist. Vice-President and member of Minorca of the Official College of Pharmacists of the Balearic Islands and Professor of the University of the Balearic Islands

- "Therapeutic pharmacological monitoring in patients with pain". Dr. Bernardino Barceló Martín, Laboratory of pharmacology and clinical toxicology. Clinical analysis services. University Hospital Son Espases. Palma de Mallorca

- "Intervention of the pharmacist in the prevention and treatment of Herpes Zoster. Post-herpetic pain." Prof. Juan Carlos Gil Rubio, Dir Business Vaccines, MSD. Professor of the Center for Higher Studies of the Pharmaceutical Industry.

- "Dr Google ... tell me something strong" Dr. Marian García García (Boticaria García), community pharmacy in Madrid and professor Isabel I University.

Place: Activity room Citizens of Alaior
Organized by: Sine Dolore Association

20:00 h Jazz Festival with BUMPY ROOF BAND

Place: Convent of Sant Diego. Organized by: Jazz Obert

20:00 h Conference on "L'Esport with the transmitter of Valors" by Vicente Martínez

Place: Plenary Hall. Organized by: Ajuntament de Alaior
Tasting tour of GIN GLOP

Ferrerries

16:00 h MPTOUR Tournament. Venue: Club Facilities Padel Ferreries

19:30 h Truc Championship

20:00 h ROUND TABLE: "SINE DOLORE WORLD PARK, against pain and for the quality of life". Moderator: Dr. Sabina Cordoba, Pain Unit of Mateu Orfila Hospital in Mahón. Specialist in Anesthesiology-Reanimation. Master in Pain Management.

- "Toothache". Dr. Xavier Mir. Degree in Dentistry. Master in surgery and implantology. Fellowship University of Zurich. Collaborating professor at the University of Barcelona.

- "Assessment of pain in advanced dementia". Dr. Milagros Rivera Pérez. FEA of Anesthesiology and Resuscitation. Pain Unit. University Hospital Virgen de la Victoria. Malaga

- "Cervical osteoarthritis: a common cause of headache. How to recognize and treat it." Dr. Marcello Meli. Director of Aliviam-Clinica del Dolor de Mallorca.

- "Why can the pain become chronic?" Dr. José Cid Calzada, MD, FIPP. Pain Unit. Anesthesiology and Resuscitation Service. Toledo Hospital Complex

Place: Plenary Hall of the Town Hall of Ferreries
Organized by: Sine Dolore Association

Es Mercadal

20:00 h ROUND TABLE: "SINE DOLORE WORLD PARK, against pain and for the quality of life". Moderator: Dr. Pablo Candás. Pain Unit of Mateu Orfila Hospital in Mahón. Specialist in Anesthesiology- Reanimation. Master in the treatment of pain.

"Pain in the geriatric patient" Dr. Bernardo López Oblaré. Specialist in Geriatrics.

Responsible for the Elderly Residence of the Insular Council of Menorca and Alzheimer's Day Center. Responsible for the Psychogeriatric Unit of the Ajuntament de Maó. Head of Geriatrics Service of the Policlínica Virgen de Gracia. Group Juaneda.

"Trigeminal neuralgia: the worst pain in the world" Dr. José Luis de Córdoba. Head of the Pain Unit of Mollet Hospital in Barcelona. Founding partner of the Catalan Society of Pain

"Types of Pain" Dr. Juan Manuel Vaca. Member EMNIPRE (European Multidisciplinary Network in Pain Research and Education). Head of the Dolor Valladolid Clinic.

"Communication between the doctor and the patient. Review current medical legal considerations". Dr. Josep Garrido. Pain Unit Coordinator. General Hospital of Granollers and lawyer. Barcelona.

Location: Convention Center des Mercadal. Organized by: Sine Dolore Association

20:00 h Presentation and inauguration of the Gastro-appointment of the Mahonesa
Place: Plaça Pere Camps. Organized by: Ajuntament des Mercadal

Es Castell

20:00 h ROUND TABLE: "SINE DOLORE WORLD PARK, against pain and for the quality of life". Moderator: Dr. Manuel Corral Rosado. Dr. Manuel Corral Rosado. Member EMNIPRE (European Multidisciplinary Network in Pain Research and Education).

Head of Anesthesiology-Resuscitation Service. Group Assistance Juaneda. Minorca.

"How can the Pain Unit help your headache or migraine?" Dr. José Manuel Trinidad Martín-Arroyo, MD, FIPP. Specialist in Anesthesia and Reanimation. Pain treatment. Fellow Interventional Pain Practice. Pain Unit Coordinator. Hospital Univ. Puerta del Mar (Cádiz) Director of Pain Unit UD + T. Hospital of San Rafael (Cádiz). Hospital Jerez Puerta del Sur (Jerez de la Fra.) Associate Professor of Health Sciences. Cadiz University.

- "Fibromyalgia for patients and families. Understand the disease." Prof. Dr. Javier Hidalgo Tallón. Director of the Chair of Ozone Therapy and Chronic Pain at the Catholic University of Murcia (UCAM)

- "Prevalence of chronic pain in today's society" Dr. Martín Carpintero. Member EMNIPRE (European Multidisciplinary Network in Pain Research and Education).

Coordinator Unit of Pain Hospital of Cabueñes. Tutor of Residing Physicians in Anesthesiology-Reanimation and Pain Therapy. Gijón. Asturias.

- "Traumatic Approach to Chronic Knee Pain". Dr. José Luis Prieto Deza. Head of

Traumatology and Orthopedic Surgery Service, Hospital Matéu Orfila de Menorca. Balearic Islands

Place: Plenary Hall. Organized by: Sine Dolore Association

Sant Lluís

20:00 h ROUND TABLE: "SINE DOLORE WORLD PARK, against pain and for the quality of life". Moderator: Dr. Javier Bettiol. Head of Anesthesiology-Reanimation Service at General Mateu Orfila Hospital.

- "That it is a unit of pain and that it can help." Dr. Javier Arranz. Coordinator of the Pain Unit. University Hospital Our Lady of the Candelaria. Tenerife. Canary Islands.

- "Why has my pain been chronic?" Dr. Maribel Vargas Domingo.

Anesthesiologist. Member of EMNIPRE (European Multidisciplinary Network in Pain Research and Education) Anesthesiologist. Pain Unit of the General Hospital of the Parc Sanitari Sant Joan de Déu. Sant Boi de Llobregat. Barcelona.

- "Therapeutic approach to pain in advanced disease" Dr. Xavier Lacueva. Head of the Oncology-Palliative Care Service. General Hospital Mateo Orfila.

- "Role of Anti-inflammatories in the treatment of pain". Dr. Maria Luisa Franco. Specialist treatment of pain. Pain Management Unit. Hospital of Cruces. President pain treatment section of the Academy of Medical Sciences of Bilbao. - "ZERO pain". Prof. Dr. Xavier Vila i Justribó. Cap Clinic University Hospital Arnau Vilanova de Lleida Professor Medicine University of Lleida Universitat de Lleida. Member EMNIPRE (European Multidisciplinary Network in Pain Research and Education).

Place: Sala Albert Camus. Organized by: Sine Dolore Association

Es Migjorn Gran

20:00 h ROUND TABLE: "SINE DOLORE WORLD PARK, against pain and for the quality of life". Moderator: Dr. Esteban Moragues Esteve. Optional of Penitentiary Health.

- "How to face Pain". Dr. Julia Ferreras Zamora. Head of Pain Unit. Consorci Sanitari del Garraf. Barcelona.

- "Pain of the phantom limb". Dr. María Jesús Rodríguez Dinten. President of the Sine Dolore Asturias Association. Specialist in the treatment of pain.

- "Liniments, patches and capsaicin in the treatment of localized pain". Dr. Joan Coma. Clinical Head of the Service of Anesthesiology and Pain of the Integral Sanitary Consortium of Hospitalet. Barcelona.

- "Semiology of low back pain. Why does our back hurt like that? A preview of what LinkedIn members have to say about Ángel Palacios Prieto. Hospital Valle del Nalón. Sanatorium Covadonga. Gijón. Asturias.

Location: Saló Verd. Organized by: Sine Dolore Association

Saturday 6th May 2017

Mahon

10:00 h Anglo-menorquin market. Place: Plaça Constitució.

10:00 to 13:30 h Free entrance to the Hernández Mora collection
In Ca n'Oliver. Organized by: Ajuntament de Maó

From 10:30 to 12:30 h MASTERCLASS charity of Karate Gensei Ryu with José Manuel Rodríguez. Location: Polideportivo de Mahón

12:00 h Musical performance with Living the dreams. Place: Plaça constitució

From 10:00 to 13:30 h Open day at Mahon Naval Station

From 15:30 to 18:00 h Open day at Mahon Naval Station

17:00 h Tea time in the bars of the center of Mahón

Organized by: Ajuntament de Maó

From 17:00 to 18:00 h Visit to the Town Hall clock

17:00 h Karate Championship "Ciutat de Maó". Location: Polideportivo de Mahón

18:00 - 20:00 h Free entrance to the collection Hernández Mora in Ca n'Oliver
Organized by: Ajuntament de Maó

18:00 h Race horses against pain and quality of life
Location: Hipódromo Mahón